

## Healthy Love

Rekindle the romance or surprise your spouse with a Sanctuary couple membership, and benefit from our facilities and services, specially adapted for couples with intimacy and privacy settings such as;

- · Couple massage in double treatment room with double hydro tub.
- · Personal Day room for changing, relaxing and shower.
- · Optional lunch locations such as the garden and near the river

All our features listed above are to relax and enjoy with your spouse. We can improvise settings and customise, as our staff get familiar with your preferences.

Les Mariannes will naturally consider the individual wellness and health requirements; with the ultimate goal for a Sanctuary Couple to have quality time as a couple, maintaining a healthy lifestyle, while benefiting from a special concession on a Sanctuary Couple Membership.



# WELLNESS SANCTUARY

D'Epinay, Mauritius 10 minutes from Pamplemousses Garden

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### Benefits

#### Body

A personalised fitness program will be tailor made for you - with exercise, stretching and relaxation. Together with a nutritional consultation, you will be given the tools to achieve long term fitness.



#### Mind

Yoga with meditation will relax your mind, and rebalance your emotional state. Our special massage combinations will release the blockages in energy flow of your body and the tensions in your mind.



#### Soul

Les Mariannes has been engineered to facilitate the reconnection between mind, body and soul. You will re-discover your true self. And understand the true meaning of your life and your uniqueness.





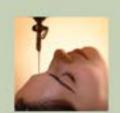
## Wellness Sanctuary

Health and wellness services under one roof surrounded by mountains and farms with view of the Northern Islets, offering personal fitness training, meditation, yoga, Pilates classes and nutritional recommendation. Hereto, a range of treatments, therapeutic or relaxation, in either one of our treatment rooms, The Hydro Zone, The Pool and The Deck.

Members can enjoy infusions, alkaline water throughout the day, snacks are served at The Corner and A La Carte lunch in The Restaurant.











## Sign Up

#### Sanctuary Couple Member

Access to our Wellness Sanctuary facilities from Monday to Sunday ogh 30 to 17hoo.

Refer to service table for wellness-, spa- treatments and classes; upon reservation and schedule.

#### Monthly fee: 40,000.00

Full Name			
Spouse			
Address	4		
Phone No	:/		
Email	-		
National ID	82	9	
Profession	100		

We wish to sign up to a Couple Sanctuary Membership

I agree to the Terms & Conditions, as per web link: www.lesmariannes.com/members/terms-conditions

Date/ Signature: \_

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